

Mercy College

Palakkad, Kerala, India 678006 Govt. Aided Arts & Science College Affiliated to the University of Calicut Accredited by NAAC with A Grade IV Cycle

DEPARTMENT OF LANGUAGES

REPORT OF MENSTRUAL CUP DISTRIBUTION ON 20/06/2025



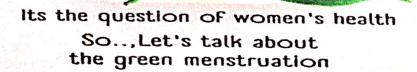
Department of History & Languages
Mercy College, Palakkad
In association with Manappuram Foundation
organise...

Menstrual Cup Distribution

as a part of sustainable solution

Under the initiative of Hon.M P of Palakkad , Srl. V. K. Sreekandan

AUDITORIUM 12.30 PM 20.6.'25



GRAM
an IQAC Initiative

Faculty Coordinatos
Shyni E T
Dr. Sigi M V
Student Coordinator
Sandra Sabu
Raina Shirin



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As part of a sustainable solution to menstrual hygiene and environmental concerns, the Department of History & Languages, Mercy College, Palakkad, in collaboration with the Manappuram Foundation, organized a Menstrual Cup Distribution Program on 20th June 2025. The event was held at 12:30 PM in the college auditorium. This meaningful initiative was conducted under the leadership and support of Hon. Member of Parliament, Sri V. K. Sreekandan, with the objective of promoting the concept of green menstruation and empowering women to make informed, ecoconscious choices about their menstrual health. The program focused on raising awareness about sustainable menstrual practices and introduced the menstrual cup as an environmentally friendly and cost-effective alternative to conventional sanitary products. The theme of the event—"It's the question of women's health, so let's talk about the green menstruation"—emphasized the need for open, responsible discussions around menstrual health. A large number of students and faculty members participated, reflecting the collective commitment of the college community to health, sustainability, and positive social change.





N.M. lend gard

STAFF CO-ORDINATOR

STUDENT CO-ORDINATOR

PRINCIPAL MERCY COLLEGE Palakkud - 678 004

